

Breakfast

Entrées

- Hard Boiled Eggs (**Pre-packed**) – Served Cold

Bakery

- Bagel (Plain)
- Bread:** White Wheat

Hot and Cold Cereals

- Cheerios® Honey Nut Cheerios
- Corn Flakes® Rice Krispies®

Fruit and Yogurt

- Yogurt:** Greek Plain, PC Strawberry

- Fresh Fruit (Uncut):** Banana
 Orange Grapes Apple

- Soft Fruit:** Peaches Pears
 Applesauce (plain or with cinnamon)

Condiments

- Salt
- Pepper
- Herb Seasoning
- Cinnamon
- Raisins
- Lemon juice, PC
- Honey, PC
- Non-Dairy Creamer, PC
- Sweetener:** White Sugar Brown Sugar
 Equal® Equal® Saccharin Splenda®
- Mayonnaise
- Mustard
- Hot Sauce
- Barbecue Sauce
- Butter
- Sour Cream (*Low Fat*)
- Cream Cheese (*Low Fat*)
- Peanut Butter
- Jelly:** Grape Strawberry
- Crackers:** Wheat Unsalted Saltines

Lunch and Dinner

Entrées

- Chef's Selection – Prepacked Kosher Meal

Deli Sandwiches –

- Bread:** Wheat White
- Tuna Salad (Tuna + Mayo only)
- Peanut Butter & Jelly
- Extras:** Lettuce Tomato (cherry or grape tomatoes)

Side Dishes

- Dinner Roll
- Hummus
 - with Pita bread (Uncut, not-toasted)
- (Baby) carrots
- Side Salad:**
 - Lettuce (uncut)
 - Tomato (uncut, cherry or grape tomatoes)
 - Dressing: Oil and Vinegar
- Soup:** Tomato, PC

Desserts

- Ice Cream:** Chocolate Vanilla
- Popsicle®:** Cherry Orange Grape Sugar Free
- Italian Ice:** Lemon Orange
- Orange Sherbet
- Gelatin:** Orange, PC

Beverages

- Water
- Juice:** Orange, PC Apple, PC
- Milk:** 1% 2% Fat Free Chocolate
 - Soy (Plain)
- Coffee:** Regular Decaf
- Tea:** Hot Hot Decaf Hot Herbal
 - Hot Decaf Green Decaf Iced (Unsweetened)
- Hot Cocoa
- Sodas:** Gingerale (can) Diet Gingerale (can)
- Nutritional Shake:** Vanilla Chocolate
- Sugar Free:** Lemonade Raspberry Ice



Kosher Diet

Dining on Call Menu

Intentionally Left Blank

Created 04-2022; Refer to Room Service Patient Menu 11-2022, Food and Nutrition Services



**Mary Washington
Healthcare**