Truong Rehabilitation Center is a 15,000 square foot center designed to provide you with advanced non-surgical pain relief. Our “integrated treatment under one roof” approach enables us to better manage your physician treatments and professional therapies to promote rapid, effective recovery to a better, more vibrant you.

10340 Spotsylvania Avenue, Suite 101
Fredericksburg, VA 22408
PHONE: (540) 374-3164  FAX: (540) 899-1342
admin@truongrehab.com
www.truongrehab.com

A Physiatrist is a medical doctor who focuses on diagnosing and treating problems of the muscles, joints, and bones. Dr. Truong is skilled at finding the source of the pain, injury, or disability, even when diagnostic tests don’t reveal specific problems. She has extensive experience in the non-operative management of musculoskeletal injuries using state-of-the-art techniques.

HER APPROACH IS PATIENT CENTERED TO RESTORE FUNCTION AND DECREASE PAIN WITHOUT MEDICATIONS AND/OR SURGERY. SHE FOCUSES ON ANTI-AGING FOR A YOUNGER AND MORE VIBRANT YOU.

She has been doing regenerative cell therapy since 2007 and also has taught numerous doctors all over the world on regenerative medicine procedures for pain, cosmetic, and sexuality. Dr. Truong has been named to Top Doctors in 2012, 2013, and 2014 by Northern Virginia Magazine. She was recently appointed Southeast, USA Regional Ambassador at United Nations/Worldwide by Women's Entrepreneurship Day Organization (WEDO) and is Fredericksburg's Entrepreneur of the Year awarded by the Fredericksburg Regional Chamber of Commerce. She is also the #1 Best Selling Author for her book Erectile Dysfunction Fix.
As each patient is different each will require a customized plan of treatment. Our physicians can prescribe an integrated care program that may include treatments such as:

- Acupuncture
- Amniotic Fluid Injection
- Autologous Fat and Bone Marrow Cell Therapy
- Bio-Identical Hormone Replacement Therapy for Men and Women
- Electro Stimulation & Thermal Therapy
- Electromyography & Nerve Conduction Studies
- IV Therapy (Myer’s)
- Medical Massage Therapy
- Medical Weight Loss
- Nerve Hydrodissection
- Musculoskeletal Ultrasound
- Osteopathic Manipulation
- Pellet Hormone replacement
- Perineural Injection Therapy
- Platelet-Rich Plasma Injections
- Prolotherapy
- Shock Wave Therapy
- Steroid & Trigger Point Injections
- Ultrasound-Guided Injections

COSMETICS
We offer a variety of Vampire Procedures. All of these procedures are all natural and use your blood (PRP) to stimulate growth and natural healing to create a younger, healthy face. These treatments are non-surgical and are done in our office with little to no downtime.

Vampire Facelift® Vampire Facial® Vampire Hair Regrowth® Vampire Breast Lift® Botox®

SEXUAL HEALTH FOR MEN AND WOMEN
We offer the Priapism Shot® for the men and the Orgasm shot® for women. Both benefit urinary incontinence and intimacy. Male and female patients have reported improvements in sensation and pleasure. Dr. Truong teaches physicians worldwide on these procedures.