

Patient Checklist

Scheduled Surgeries & Procedures

Updated
7/14/2020

Your doctor has scheduled your upcoming surgery or procedure at a Mary Washington Healthcare (MWHC) facility. Your safety is our number one priority. To remain safe before and during your procedure, please follow these steps carefully.

- Your surgery or procedure will be scheduled at least two weeks ahead. This gives us time to perform important tests.
- Once your surgery or procedure is scheduled, check your temperature daily and watch for changes to your health. If you register a fever over 100°F or have any of the following symptoms, call your doctor right away.
 - Symptoms include a more than one of the following: cough, shortness of breath or trouble breathing, fever, chills, muscle pain, headache, sore throat, new loss of taste or smell.
- One of our Central Scheduling employees will call you to schedule a pre-admission testing appointment and COVID-19 (coronavirus) test. They will ask you about symptoms of COVID-19 to assess if you might have the virus.
- Your pre-admission appointment is a phone interview and in-person appointment to test your health prior to your surgery or procedure. This appointment will be one week or more before your surgery or procedure. Not all procedures require this step.
- One week or more before your scheduled surgery or procedure, practice strict precautions to avoid potential contact with COVID-19. Strict precautions include avoiding crowds, always wear a mask in public, practice social distancing, and avoid any non-essential outings or gatherings. Be sure no one comes to your house that you do not live with. Take steps to stay healthy like washing your hands frequently, clean surfaces of your home, and wear a mask if you must go to a doctor's appointment or step outside your home.
- Seven days before your scheduled surgery or procedure you will have a scheduled drive-up COVID-19 test. Arrive at your scheduled time and location, wear a mask (take it off only when the test is performed), and stay in your car. If you test positive for COVID-19, MWHC will call you with the results and notify your doctor. Your surgery or procedure will have to be rescheduled for when you recover from COVID-19 (coronavirus).
- On the day of your surgery or procedure, you will be asked about any symptoms of COVID-19 (coronavirus) and have your temperature taken. If you have symptoms or a fever, for your safety and the safety of our staff and other patients, we will cancel your surgery or procedure and notify your doctor.
- During your hospital stay, you will have to wear a mask while in our facility. Because some people can have COVID-19 without symptoms, it is important to wear the mask during your stay with us to protect you and others from COVID-19.



Mary Washington Healthcare