



Dear Community Member:

Each year, Mary Washington Hospital Foundation presents **The Lawrence and Martha McMurtry Awards for Excellence and Innovation in Community Health and Wellness**. Nomination categories include one award honoring an individual and one award honoring an organization. The winner in the group category will receive a \$5,000 award. A \$5,000 award also will be made to a designated nonprofit organization in honor of the winner in the individual category.

The purpose of the awards is to recognize, encourage, and stimulate efforts to increase access, improve quality, and foster innovation in providing health and wellness services for the “medically underserved” in the region served by Mary Washington Hospital. The geographic area includes the City of Fredericksburg and the counties of Caroline, King George, Spotsylvania, Stafford Westmoreland, and eastern Orange.

A committee comprised of community leaders will review nominations which must demonstrate outstanding and documentable contributions that benefit the health and wellness of the “medically underserved” in the region. In addition, each nomination will be evaluated based on how well it meets one or more of the criteria listed below:

- 1. Innovation in health and wellness;**
- 2. Advocacy in health and wellness; and**
- 3. Improved access to health and wellness services.**

Nominations must be submitted in the individual or organization category. **However, only charitable organizations designated 501(c)(3) or nonprofit by the Internal Revenue Service may receive the cash award of \$5,000.00 for each category winner.** The award will be presented by the Mary Washington Hospital Foundation from its endowment fund in honor of the late **Dr. and Mrs. Frank C. Pratt**.

Please use the attached **nomination form** and limit your nomination to **four (4) double-spaced typewritten pages**.

Nominations must be received by **5:00 PM on Monday, October 12, 2020** and can be submitted using one of the following methods:

1. Email your nomination to tamara.robinson@mwhc.com (electronic signature is sufficient) **or**
2. Deliver your nomination to the Foundation office at:
The Mary Washington Hospital Foundation
2600 Mary Washington Blvd.
Fredericksburg, VA 22401

Winners will be announced in December 2020. If you have any questions, please contact Tamara Robinson at the Mary Washington Hospital Foundation at (540) 741-1433.

**Lawrence and Martha McMurtry Award for Excellence and Innovation in
Community Health and Wellness**

NOMINATION FORM

Nominator:

Name _____

Organization _____

Address _____

Daytime Telephone: _____ Email: _____

Nominee:

- *Recipient may receive this award only one time in a seven-year period.*
- *Self-nominations of individuals are not permitted.*
- *Employees of Mary Washington Healthcare are not eligible for nomination.*

This nomination is in the following category (*check only one*)

_____ Individual _____ Organization

***NOTE:** Nominee will not be informed of the nomination or its source unless chosen as a recipient of the award.*

Name _____

Address _____

Telephone: _____ Email: _____

Please name the nonprofit or 501(c)(3) organization the nominee is affiliated with and that will receive the cash award if nominee is chosen as the winner:

Signature of nominator

Date

NOMINATION GUIDELINES

The nominee's actions must be outstanding and contribute to the **health and wellness of medically underserved people** in all or a portion of the primary service area for Mary Washington Healthcare, including the City of Fredericksburg, and the Counties of Stafford, Spotsylvania, King George, Caroline, Westmoreland, and eastern Orange.

Your nomination should consist of a narrative and address each of the items listed below.

1. Describe the unmet needs which are served through the work of the nominee.
2. Describe the project, program and/or services provided by the nominee. Include quantitative data and the length of time the nominee has provided the services for which they are being nominated.

Include information on how the nominee's performance matches one **or** more of the following criteria: *(It is not necessary for the nomination to address all of the criteria.)*

- **Innovation in health and wellness** to benefit a wide range of people or a segment of the medically underserved population by providing a better quality of health and wellness.
 - **Advocacy for health and wellness** for the benefit of the people of our growing region with demonstrable results.
 - **Improved access to health and wellness services** in our community.
3. Identify any personal challenges overcome by the nominee.
 4. State if the work provided by the nominee was done while volunteering or as a paid staff member. If the work was done as a paid staff member, **explain how the work went beyond the scope and responsibility of the individual's job.**
 5. If the nominee is a past recipient, explain how this nomination differs from the work accomplished at the time of the first award.

Format and Submitting Guidelines

- The narrative portion should not exceed four double-spaced typewritten pages.
- Nominations must be received by **Monday, October 12, 2020** and can be submitted by either:

Emailing your nomination to tamara.robinson@mwhc.com **OR**
Mail/Hand-Deliver to:
Mary Washington Hospital Foundation
2600 Mary Washington Blvd.
Fredericksburg, VA 22401

- Call MWH Foundation at 540-741-1433 with any questions.