

Mary Washington Weight Loss Center

Medical Weight Management Program



Moving Forward

Fee Structure

OPTION 1

Insurance does NOT cover nutritional counseling

| FEE | SERVICES | DUE |
|-------|--|---------------|
| \$400 | Registered Dietician Behavioral Health Specialist / Exercise Physiologist Multidisciplinary Program | Initial Visit |

The cost of the Moving Forward program without Nutritional Counseling insurance benefits is \$400.00 due at the initial visit.

Note: MD and Physician Assistant visits are billed through insurance

OPTION 2

Insurance DOES cover nutritional counseling

| FEE | SERVICES | DUE |
|-----|---|---------------|
| | Behavioral Health Specialist /Exercise Physiologist Multidisciplinary Program | Initial Visit |

The cost of the Wellness Program for patients with insurance that have Nutritional Counseling benefits is \$200.00 due at the initial visit:

- 1) your insurance company will be billed when you see the Registered Dietitian and Physician Assistant. You will be responsible for any copay or deductible
- 2) a fee of \$200.00 will be charged to cover the cost of your visits with the Behavioral Health Coach/Exercise Physiologist. There is not a code associated with your visits to the Behavioral Health Coach/Exercise Physiologist. Therefore, these visits are not covered by any insurance company. This is an out-of-pocket expense.

Mary Washington Weight Loss Center will make every effort to verify your benefits prior to you starting the Moving Forward program. However, please realize that ultimately it is your responsibility to know your insurance benefits.

All fees are to be paid at the Initial Visit. These fees are not refundable.

| Signature | Date |
|--|------|
| Mary Washington Weight Loss Center Staff | Date |