

# Directions to: Diabetes Management

4710 Spotsylvania Parkway, Suite 200  
Fredericksburg, VA, 22407  
(540) 741-2210

**From Interstate 95 South**, take exit 126-Spotsylvania, Turn right onto Route 1 South. Go approximately 1 mile. Turn left onto Spotsylvania Parkway (there will be a CVS on your right hand side). Go approximately 0.4 mile. Our location will be on your right hand side immediately after you pass Jo-Ann Fabrics and Craft store. Look for Cosner Corner Office Park. Come around to the front of the building. We are located on 2<sup>nd</sup> floor, turning right and right again after elevator

**From Interstate 95 North**, take exit 126 B onto Rt 1 South. Follow directions listed above.

**From Rt VA 2/US 17 (New Post)** Take US 17 N towards Rt 1, drive 5 miles. Turn left onto Hospital Boulevard, drive 0.2 miles. Turn right onto Spotsylvania Parkway. Cross over I 95 and make a u-turn. Our location will be on your right hand side immediately after you pass Jo-Ann Fabrics and Craft store. Look for Cosner Corner Office Park. Come around to the front of the building. We are located on 2<sup>nd</sup> floor, turning right and right again after elevator.

